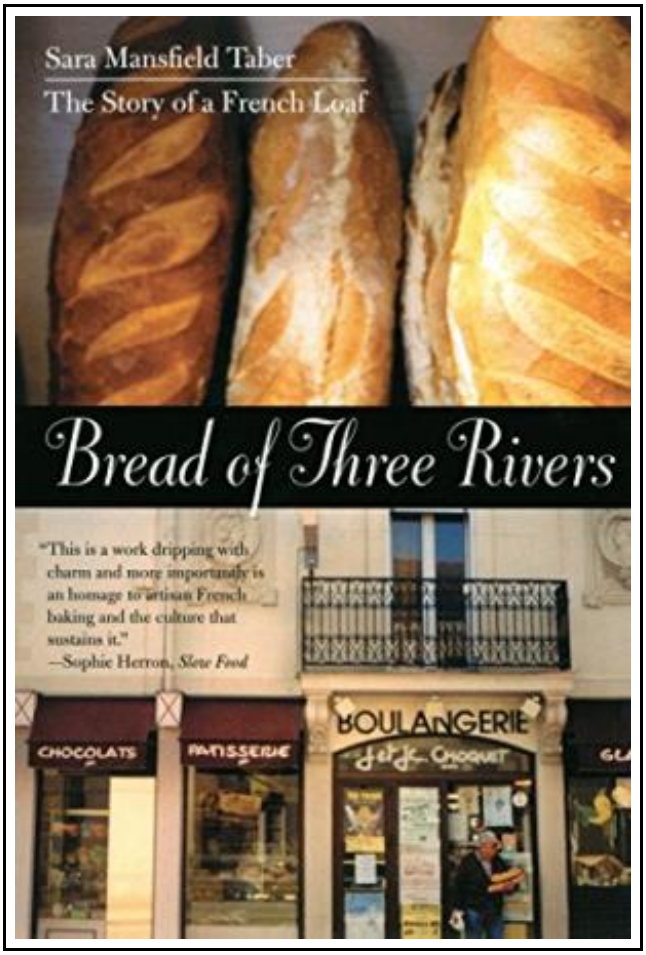
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Beacon Press, United States, 2002. Paperback. Book Condition: New. 195 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. What is it about bread? Why am I, here in the middle of my life, so enamored of French loaves? Two images kept cropping up: two French people sitting in a cafe for a long afternoon of eating thick hunks of bread and drinking cups of coffee, and a Frenchman on a bicycle with a loaf slung across his handlebars. These visions seemed to depict lives soaked in leisure, where there was time for the good things. . . . Then this thought ambled forth: It s the dailiness of bread, like a reliable friend. . . . My plan starts to billow forth. My project, as I imagine it, will be a natural history, an ecology of bread. The story of a loaf. Overcome by a passion for French bread, Sara Mansfield Taber travels to Brittany in search of a loaf, which like the lifestyle that must surely accompany it, is perfect in its simplicity. After many months of seeking, she tears off a hunk of pain trois rivieres, made by Gold Medal baker Monsieur Jean-Claude Choquet of Blain, Loire-Atlantique. It smelled like heaven and tasted a mile deep. It tasted honest. Here was her loaf. In Bread of Three Rivers Taber takes us deep into the grainy crumb, uncovering the four basic ingredients-the salt, water, wheat, and yeast-that when combined by M. Choquet make for a spectacular loaf. We learn of the marshy fields of Guerande where for hundreds of years salt, blessed with a unique mixture of microbes and minerals (that lend their flavor to the bread), has been harvested with the help of the sun. Then we re off to Moulin de...

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