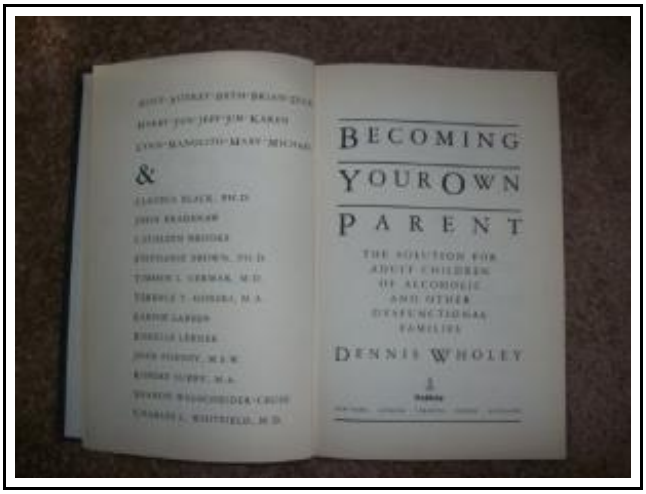
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Doubleday Books, 1988. Hard cover. Book Condition: New. Dust Jacket Condition: Very Good. New in very good dust jacket. one tear on top left of front of the dust jacket Sewn binding. Cloth over boards. 285 p. Audience: General/trade. From Publishers Weekly Wholey, a recovering alcoholic, author of The Courage to Change, etc., addresses adults who exhibit low self-esteem, guilt or are unable to form lasting relationships as a result of having been emotionally abandoned in childhood by one or both parents afflicted with dysfunctions like alcohol or drug abuse, workaholism, compulsive gambling and other disorders affecting sexuality, eating habits and the like. He records group therapy sessions in which 14 such "adult children" recount their painful stories and are counseled and react to the advice of experts. Recovery and avoiding repetition of the family pattern, according to Wholey, consists in shedding dependency and building a sense of self-worth, which, the author advises, also may be fostered by joining Children of Alcoholics (COA), Adult Children of Dysfunctional Families (ACDF) or similar groups. 75, 000 first printing; major ad/promo; BOMC and Preferred Choice Book Club selections; author tour. Copyright 1988 Reed Business Information, Inc. From School Library Journal YA--Wholey (author of The Courage to Change Houghton, 1984) has written a book which young people who are growing up in dysfunctional familiesneed to have readily available. Many professionals who have made an impact on this emerging field in counseling and therapy have contributed to this volume. Wholey first introduces 14 adult children of dysfunctional homes. These people are survivors, and their personal accounts represent reality in a refreshing and dynamic way. They demonstrate that all problems do not go away just because you grow up, leave home, and seem to have a successful career. The second section addresses issues such as...

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