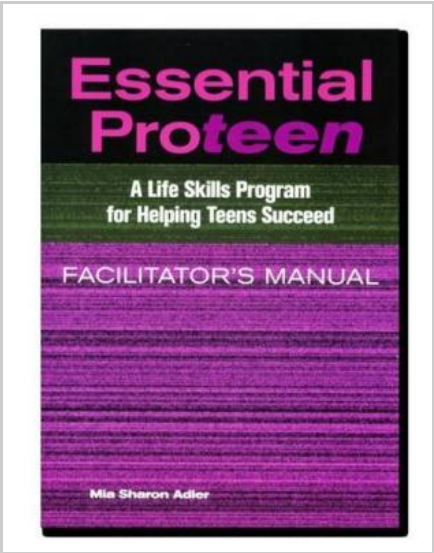



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# Essential Proteen, Facilitator's Manual: A Life Skills Program for Helping Teens Succeed

By Mia Sharon Adler

Research Press Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, Essential Proteen, Facilitator's Manual: A Life Skills Program for Helping Teens Succeed, Mia Sharon Adler, For grades 9-12, the Essential Proteen program: Teaches the importance of understanding and applying the concepts of Goals, Motivation, Opportunity & Decision-Making, Knowing Yourself, and Managing & Facilitating Change. Develops the skills of students who are already self-aware and motivated, and for increasing knowledge and skills in students who are challenged in these areas. Provides students with fundamental tools to navigate and plan for their personal, academic and professional lives. Teaches students to learn to become better decision-makers, have ownership of their choices, and eventually feel confident and secure as they mature into adulthood. The Facilitator's Manual provides step-by-step guidelines for leading a group, teaching the skills, and creating a supportive environment. Appendices contain program feedback surveys, peer mentoring guidelines, pre- and posttests, and information for parents. Together, the Facilitator's Manual and the Student Journal provide a well-designed and easy-to-use life skills program that can be used with large or small groups in schools and other settings. This program has been accepted by the American School Counseling Association as a professional resource.

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