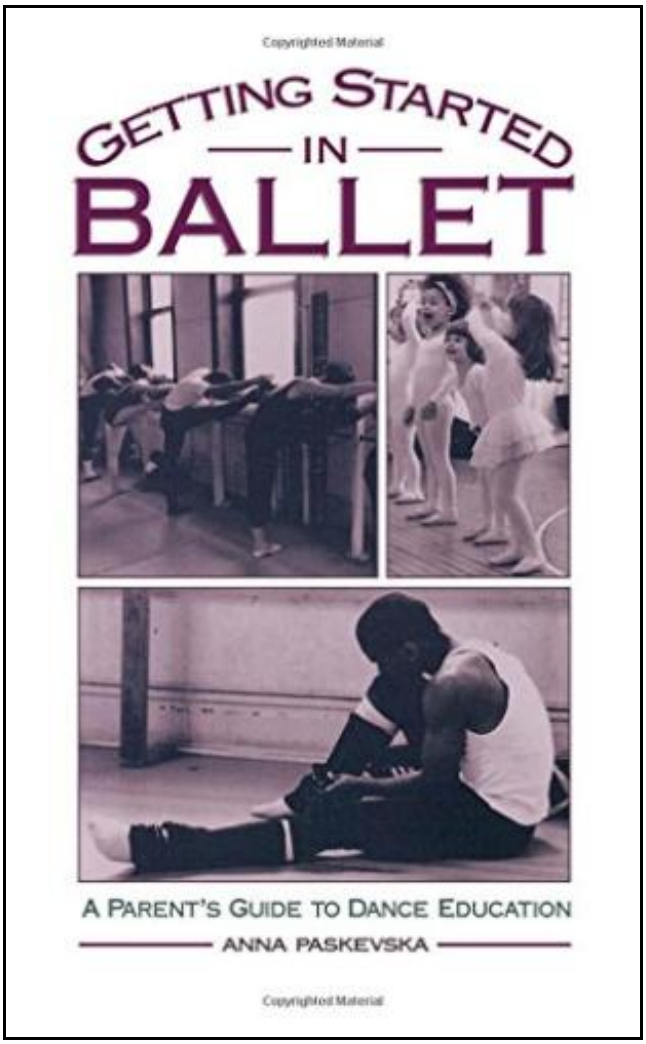
Getting Started in Ballet: A Parent s Guide to Dance Education (Paperback)



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GETTING STARTED IN BALLET: A PARENT S GUIDE TO DANCE EDUCATION (PAPERBACK)

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Oxford University Press Inc, United States, 1997. Paperback. Book Condition: New. 202 x 128 mm. Language: English . Brand New Book ***** Print on Demand *****.Many children dream of being a ballerina. Chin raised with purpose, arms high above head, they twirl clumsily around the living room and leap tirelessly in the air. Sooner or later they re bound to say, I want to dance. Now what do you do? How do you know if the time is right? Where s the best place to start? In Getting Started in Ballet, Anna Paskevska draws from her training at the Paris Opera Ballet School and the Royal Ballet School in London and her career as a professional dancer and teacher to offer a step-by-step introduction to dance education for parents with children starting ballet. Paskevska begins with a historical overview of dance and discusses the fundamental virtues and many life-long skills it imparts. Dance teaches children how to cooperate and support each other s efforts; encourages them to work in harmony with others; helps establish a child s spatial relationships; and promotes discipline and responsibility. Paskevska outlines the proper sequence for training in ballet based on a child s physical and mental development. She clearly demonstrates how ballet s early training, focusing on repetition of simple motion such as exercises at the barre and basic jumps, establish pathways for all later movements not only in ballet, but in modern dance, jazz, and tap as well. Written in a clear and accessible style and full of anecdotes from Paskevska s long professional dance-related career, Getting Started in Ballet offers helpful information on types of dance schools and how to select the right school for your child. Included is valuable information on choosing a dance instructor, the role both parents and teachers should...

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