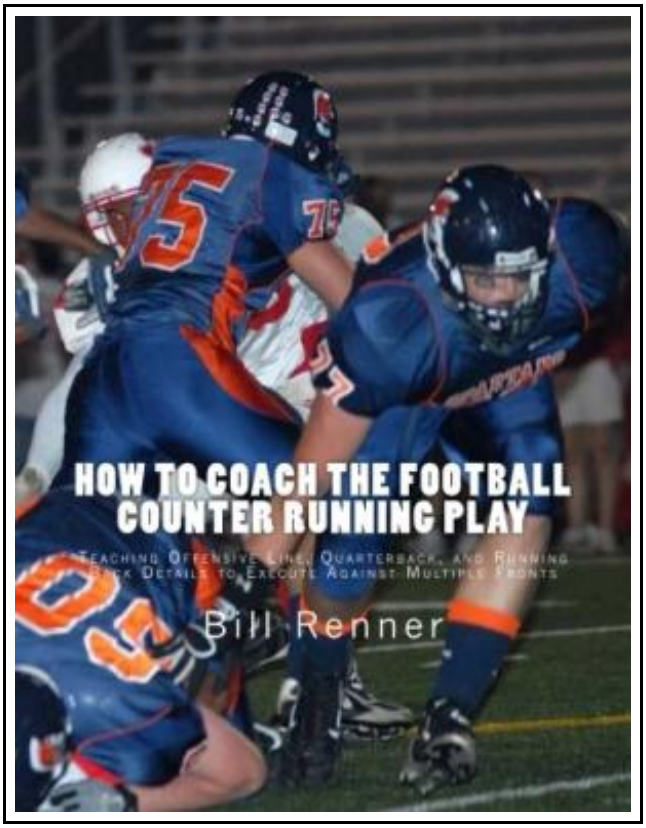
How to Coach the Football Counter Running Play: Teaching Offensive Line, Quarterback, and Running Back Details to Execute Against Multiple Fronts (Paperback)



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Reviews

It in a of my personal favorite pdf. Of course, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Nicholas Ratke)

HOW TO COACH THE FOOTBALL COUNTER RUNNING PLAY: TEACHING OFFENSIVE LINE, QUARTERBACK, AND RUNNING BACK DETAILS TO EXECUTE AGAINST MULTIPLE FRONTS (PAPERBACK)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The counter running play is blocking down with the front side guard and tackle and pulling the back side guard and tackle. It is a highly effective misdirection play that can be run from any number of formations and running back sets. Coach Renner has coached this play for 30 years. He provides you with the most detailed, specific and precise coaching details for this counter running play. He gives you his exact coaching points for each lineman on who to block and how to execute the block. He includes his specific coaching phrases which are highlighted in yellow for easy recognition so you can coach each offensive lineman on the proper steps, body position, path to the defender, head placement, the contact point on the defender, and how to respond to the defender s escape reaction off the block. For the quarterback and running back, his detailed coaching points are provided for the steps to hand off, path to hand off and tracks to run after the hand off for the gun, I and pistol running back sets. Coach Renner shares his 17 years of experience coaching offensive linemen in this counter running play and explains why this play should be run down the midline of the defense. He gives you specific diagrams for the offensive linemen counter blocking assignments versus the 4-3, 3-4, 3-3 stack, 6-2 and bear fronts. Over 50 diagrams and pictures give you the ability to visualize how to coach this running play. If you have straight ahead running plays like inside zone, dive, lead or isolation, this counter run needs to be part of your run game. It will...

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